

Scribae Legis

A Publication of NALS of Jackson County

Oct 2015

2015-2016 Officers

<i>President</i>	Marion R. Stone, PP, PLS ADR Clerk 312 S. Jackson Street Jackson MI 49201 w- 517 768-8501 mstone@co.jackson.mi.us
<i>Vice President</i>	Christine Kloack w- 517 513-8915 ckloack@gmail.com
<i>Treasurer</i>	LeeAnna R. Kloack, PLS w- 517 764-1794 leeannaklo@gmail.com and kloackjc@aol.com
<i>Recording Secretary</i>	Jennifer G. Meade CER w- 517 768-8551 jmeade@co.jackson.mi.us
<i>Corresponding Secretary</i>	Cierra Sowle Prosecuting Attorney's Office 312 South Jackson Street Jackson, MI 49201 w- 517 768-6817
<i>Director:</i>	Erin C. Carr, PP, PLS, BBA c/o Marcoux, Allen, et al 145 S. Jackson Street P O Box 787 Jackson MI 49204-0787 w- 517 787-4100 ecarr@marcouxallen.com

A message from Marion, the NALS of Jackson County President and Editor.....

It's the beginning of another year and I hope it finds all of you doing well. The winter weather hasn't been too bad but I am sure a lot of you miss having snow.

There is a lot of information in this issue. I hope you find it interesting.

We are also having another Panera bread fundraiser on Tuesday, January 12 10. You must bring the flyer with you for us to get credit.

The nomination ballot for NALS of Jackson County officers is also attached.

Marion R. Stone, PP, PLS



Minutes of the November 3 Meeting

OF THE GENERAL ASSEMBLY OF NALS OF JACKSON COUNTY

The monthly meeting of the Jackson County Legal Support Professionals was held on November 3, 2015, at the Jackson County Court House 4th floor in Judge Rappleye's Jury Room. President Marion Stone, PP, PLS, called the meeting to order.

Christine Kloack, Vice President, took the roll call of all members present. There were 11 members present.

Vice President: Christine Kloack – No Report

Treasurer: LeeAnna Kloack – The financial report for October has been distributed, and it will be filed subject to review. No bills for payment were presented.

Recording Secretary: Jennifer Meade – Not present – The minutes of the September meeting were published. The minutes stand approved as published.

Corresponding Secretary: Cierra Sowle – Sunshine Fund Cash on hand is \$43.30.

Director: Erin Carr – Erin brought a jar for coin donations for the scholarship fund.

The next NALS event will be the fundraising event on Friday December 4, 2015 from 11:30 a.m. to 1:30 p.m. This event will be held in the downstairs conference room of the Jackson County Courthouse. 312 S. Jackson Street, Jackson, Michigan.

COMMITTEES

Program/Reservations – Next event is the fundraising event on Friday, December 4, 2015.

Newsletter – submit to Marion R. Stone by 1st of the month.

Finance – Jennifer Meade/Cierra Sowle – Panera Bread fundraiser December 10, 2015 from 4:00 p.m. – 8:00 p.m.

Open House – Friday December 4, 2015 from 11:30 a.m. to 1:30 p.m. Jodi is interested in purchasing gift cards again. Low denominations may be available this year. Marion asked for Volunteers to bring food to the fundraiser in December.

Court Observance – Jodi Snyder was dressed as Lady Liberty. Kids enjoyed event.

Website – Mary Jo Skojec

Raffle – Tickets were sold for prizes and the proceeds will go to the scholarship fund.

NEW BUSINESS

No new business.

NALS OF MICHIGAN

Nominations of officers. No suggestions presented.

Announcements

NALS of Jackson County Board Meeting – was held October 13, 2015, Noon, Courthouse

NALS of Jackson County General Meeting – Next meeting in January

NALS – 64th Annual Education conference was held October 8-10, Las Vegas, Nevada

Submitted by
Christine Kloack
Acting Recording Secretary

6 tricks to survive a bad day in the office

We all have rough days on the job from time to time. Let's imagine there's a scale from 0-10 — zero being the calmest, most productive employee you can be, and 10 being a haphazard mess full of anger and stress who is barely able to complete a task — and you feel yourself running at a strong 7.5 today.

To say you've had a bad day would be an understatement. However, it is time to put a plan into place to stop this destruction train in its path or, needless to say, bad things are going to happen. Full disclosure: I am not an expert at making people happy, nor am I someone who is in the "light and love" mood 100 percent of the time. I am, however, a strong believer in making a solid effort to find something positive in every situation. Is that possible all of the time? No way. Is it worth looking for? Absolutely. So, here are my nonscientific-proven strategies to help you survive a bad day in the office

1. Take a lap

When you start feeling a little hot under the collar, change your viewpoint — literally. Get up and get away from your desk, or leave your office completely. Go outside and take a quick lap around the building, or hit up a local park to walk off some of the tension you're feeling. Exercise releases endorphins, which create feelings of happiness and euphoria, so why

not give it a shot? If that isn't a good enough reason for you to get up and get moving, check out some scientifically proven evidence that exercise reduces high blood pressure as well as symptoms of depression and anxiety.

2. Rock out to your jam

You know the one. Actually, you may know the two or three songs that will get you in a better mood. The one that encourages you to stick it to the man. The one that takes you back to your carefree childhood days. Or the one that mellows you out, helps you breathe and gets you back to zero. Whatever your poison, put on those headphones, crank up the volume and get your jam on. Three minutes of the right music could possibly just turn your day right around.

3. Write an angry email

This sounds crazy and dumb, right? Like you're begging to get fired. Well, let me clarify. I'm not saying write an email telling off that one colleague or client you've always wanted give a piece of your mind. I'm suggesting writing all of the horrible things you feel and want to scream from the rooftop, and actually sending it to yourself. The trick is seeing the subject line in your inbox and immediately deleting it. You got it out. You sent it away. You deleted it. It's gone. Move on.

4. Have a laugh

Ask your co-workers/friends for their best dumb joke or have a killer pun exchange. One joke that always gets me, no matter how many times I hear it: "What do you call an alligator wearing a vest? ... An investigator!" And boom! You are rolling on the floor in hilarity. As dumb as the simple joke is, it sure beats being angry over an even more tedious work mishap. Every day can't always be a good one, but channeling third-grade humor has a silly way of turning that frown upside down.

5. Take an angry selfie

Square up the camera. Get the angle perfect. Make the angriest face you can conjure up. Snap that shot. If you can do this in front of your co-workers without thinking you look like a complete fool and busting out laughing, you may be a lost cause. Stop reading, go punch the coke machine, get your verbal warning and get back to work.

6. Be quiet

Yeah you read that right: Shut your trap. Stop yelling at your computer screen, pounding your keyboard and grunting with every move. The world gets it — it already knows it's out to get you. Instead of flipping out and letting a negative situation get the best of you, show it who is boss by playing it

cool with a little old-fashioned quiet game. As they say, "Silence is golden."

Do yourself a favor. Find a quiet place. Breathe. Relax. Hone. Count your blessings. Align your chakras. Do whatever it takes to get you back to zero.

Brie Ragland is a content editor for MultiBriefs, a leading publisher of association-branded email publications. A graduate of Texas A&M University, she strives to find humor in most situations and uses that to make her a more creative communicator.

NALS OF JACKSON COUNTY

MONTHLY MEETING TUESDAY, JANUARY 19, 2016 12 NOON

Judge Rappleye's Jury Room, 4th Floor
312 South Jackson Street, Jackson, MI
49201

LUNCH: Soup and Chili, pop, dessert --
\$5.00

PROGRAM: CHUCK CONNORS MARRIAGE MATTERS JACKSON


BUILDING
Better Marriages
WEEKLY WORKSHOPS



FOR RESERVATIONS CALL:
Robyn Winneroski (517) 788-6290
Or email
robyn.girodatmariefeldlaw@comcast.net
(Permanent reservation members-
Please call if you are unable to attend)



EAT BREAD TO RAISE DOUGH

.....
PLEASE JOIN
NALS of Jackson County
on
Tuesday, January 12th, 2016
from
4:00 pm - 8:30 pm

Panera Bread® located at 1285 Boardman Road, Jackson will donate a percentage of its sales during the event to NALS of Jackson County when you show this flyer.

Note: Panera Card® gift cards, Panera® catering and other retail purchases are excluded from the event.

.....
At Panera, we are committed to our community.

We believe that the universal spirit of bread is sharing®, and that's why we're committed to the communities that we serve. Our passion for everything we do spills over to include everyone we share our days with, and we appreciate the opportunity to give back to our friends, our neighbors and our community.

panerabread.com

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MICHIGAN LAW ENFORCEMENT
POLAR PLUNGE.



FOR SPECIAL OLYMPICS MICHIGAN

The Polar Plunge is Coming to Clarklake Once Again!

When:

January 30, 2016

We want to see you and your friends take the plunge with hundreds of others from Jackson county to benefit Special Olympics Michigan.

What:

This is a team or individual fundraising event where zany and courageous participants dress up in costume and prepare to plunge. Get ready to jump in and freeze your fur for a great cause!

Funds can be raised by collecting donations from friends, family, co-workers and neighbors.

Where:

The Pointe Bar and Grill

1200 Eagle Point Drive
Clarklake, MI 49234

This year's goal is \$35,000 and we can't do it without YOU!

For more information and to register please click below:

<http://www.firstgiving.com/polarplunge/Clarklake16>

**NALS OF JACKSON COUNTY
NOMINATION BALLOT – 2016 - 2017**

President	
Vice President	
Recording Secretary	
Corresponding Secretary	
Treasurer	
Director	

Nomination Guidelines and Restrictions

Candidates for the Office of President shall have served as an elected or appointed officer for at least one year prior.

The current officers are:

President	Marion R. Stone, PP, PLS
Director	Erin Carr, PP, PLS, BBA
Vice President	Christine Kloack, PLS
Recording Secretary	Jennifer Meade, CER
Treasurer	LeeAnna Kloack, PLS
Corresponding Secretary	Cierra Sowle

Please indicate if you would like to serve as a delegate or alternate delegate to the NALS of Michigan Annual Meeting to be held on April 7-10, Livonia, Michigan.

NALS of Michigan Annual Meeting

Delegate _____ Alternate _____

At this time, we are also accepting nominations for the Chairperson of the Year, Member of the Year and Officer of the Year awards. If you would like to nominate someone, please let me know.

Member of the Year: _____

Officer of the Year: _____

Chairperson of the Year: _____

Your name: _____ Telephone: _____

E-mail: _____

DEADLINE: FEBRUARY 1, 2015

Please return the completed form to: Mary Jo Skojec

mjskojec@bestlawpractice.com or mjskojec@hotmail.com

fax (517) 787-1811



**NALS OF MICHIGAN 55TH ANNUAL MEETING
AND EDUCATION CONFERENCE
APRIL 8-10, 2016; DETROIT MARRIOTT
LIVONIA-LAUREL PARK,
LIVONIA, MICHIGAN**



**DESTINATION: SUCCESS
NALS OF MICHIGAN**

REGISTRATION INFORMATION

Name _____
Local Chapter _____
Certification(s) _____
Badge Name/Nickname _____
Address _____
City _____ State/Zip _____
Work # _____ Home # _____
Email _____
*Guests _____
Please describe any special needs you have (disability, dietary restrictions, food allergies, etc.) _____

Registration – Please check all that apply:

- Full Registrant Partial Registrant



Full Registration Fee Schedule

(includes breakfast and lunch Friday; breakfast, lunch and dinner Saturday; and breakfast Sunday) Must be RECEIVED BEFORE March 18, 2016.

- Members \$140 Non-members \$150
 Students \$130

RECEIVED AFTER March 18, 2016.

- Members \$165 Non-members \$175
 Students \$155

Friday Only (Includes breakfast and lunch)

- Members \$80 Non-members \$80
 Students \$80

RECEIVED AFTER March 18, 2016.

- Members \$105 Non-members \$105
 Students \$105

Saturday Only (Includes breakfast and lunch and banquet)

- Members \$100 Non-members \$100
 Students \$100

RECEIVED AFTER March 18, 2016.

- Members \$125 Non-members \$125
 Students \$125

Guest/Meals only (Tickets will be needed for entry)

- Friday Exhibitor/Candidate Lunch (\$30)
 Saturday Certification Lunch (\$30)
 Saturday Banquet (\$60)
 Sunday Breakfast (\$25)

Please check all that apply:

- Past State President State Officer
 Delegate Alternate
 First Time Attendee Candidate
 I will be attending the First Timer's Reception on Friday
(First Timers and Officers)

CHECK PAYABLE TO: NALS OF MICHIGAN ANNUAL MEETING FUND

Amount of check enclosed: \$ _____
MAIL REGISTRATION FORM TO:
JEANETTE RANSOM, PLS, c/o Foster Swift Collins & Smith, P.C., 313 S.
Washington Square, Lansing, MI 48933; (517) 371-8283; jransom@fosterswift.com

IN CASE OF EMERGENCY PLEASE CONTACT:

Primary Contact Name: _____
Relationship: _____
Daytime Phone: _____
Evening Phone: _____

Secondary Contact Name: _____
Relationship: _____
Daytime Phone: _____
Evening Phone: _____

EVENT REGISTRATION – Please check all that apply

Friday-8:30 a.m. to 10:00 a.m.

- Ethics in Life and the Law

Friday-10:30 a.m.-12:00 p.m.

- Microsoft Word -Taming the Demons

Friday-12:00 p.m. to 1:15 p.m.

- Exhibitor and Candidate Lunch

Friday-1:30 p.m. to 3:00 p.m. Breakout Sessions

- Session 1 – Litigation and Social Media
 Session 2 – Microsoft Outlook – Tips and Tricks

Friday-3:30 p.m. to 5:00 p.m. Breakout Sessions

- Session 1 – What Happens to You and Your Estate When You Don't Plan – Why an Estate Plan is Important
 Session 2 – Where Do I Find It? Effective Search Techniques For Finding Information and People

Saturday-8:30 a.m. to 12:00 p.m.

- Annual Meeting – First General Session

Saturday-12:15 p.m. to 1:30 p.m.

- Certification Luncheon

Saturday – 1:30 p.m. to 3:45 p.m.

- Second General Session

Saturday – 6:30 p.m. to 9:00 p.m.

- Awards & Installation of Officers Banquet



Hotel Information:

Hotel reservations **MUST** be made directly with the Detroit Marriott Livonia, 1-800-228-9290 or online at nalsofmichigan.org.
Deadline for NALS OF MICHIGAN group rates is March 18, 2016.